

Veranstalter: 1. WV Wunstorf

Ergebnisse Staffel-Triathlon Wunstorf-Bokeloh am 13.09.2009

700m Schwimmen - 23,5 km Rad - 5 km Laufen

TM16

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|----------------|----------|---------------------|-----------------|-------------|-------------|-------------|-------------|
| 1 | 647 Bünz | Benedikt | Hamburger SV | 14 JugA - TM16 | 0:11:39 26 | 0:44:28 26 | 0:18:51 9 | 1:14:58 14 |
| 2 | 610 Koschoreck | Fabian | TSV Barsinghausen | 16 JugA - TM16 | 0:12:20 43 | 0:44:58 34 | 0:18:18 6 | 1:15:36 16 |
| 3 | 633 Szalai | Angelo | TSV Bokeloh | 23 JugA - TM16 | 0:10:41 10 | 0:42:01 13 | 0:24:09 104 | 1:16:51 23 |
| 4 | 341 Hillegeist | Thomas | * Letter | 73 JugA - TM16 | 0:12:02 31 | 0:52:59 130 | 0:22:13 57 | 1:27:14 79 |
| 5 | 322 Bremer | Michael | * Isernhagen | 79 JugA - TM16 | 0:15:20 136 | 0:47:51 58 | 0:25:02 127 | 1:28:12 86 |
| 6 | 301 Raasch | Andre | ESV Eintrach Hameln | 148 JugA - TM16 | 0:15:57 157 | 0:56:11 167 | 0:29:45 196 | 1:41:53 179 |
| -- | 627 Piatczyk | Timo | TSV Bokeloh | -- JugA - TM16 | 0:10:23 9 | 0:00:00 -- | 0:00:00 -- | --:--:-- -- |

TM18

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|-------------|---------|----------------|----------------|------------|-------------|-------------|-------------|
| 1 | 642 Heger | Jens | Lehrter SV | 6 Jun - TM18 | 0:09:18 5 | 0:40:45 6 | 0:19:17 15 | 1:09:20 6 |
| 2 | 326 Karas | René | 1. WV Wunstorf | 137 Jun - TM18 | 0:13:32 69 | 0:59:06 186 | 0:25:04 128 | 1:37:42 165 |
| -- | 604 Ebel | Nicolas | TSV Bokeloh | -- Jun - TM18 | 0:12:19 41 | 0:00:00 -- | 0:00:00 -- | --:--:-- -- |
| -- | 545 Hessing | Björn | TSV Bokeloh | -- Jun - TM18 | 0:12:51 56 | 0:00:00 -- | 0:00:00 -- | --:--:-- -- |

TM20

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|----------------|------------|-----------------------|----------------|-------------|-------------|-------------|-------------|
| 1 | 639 Hages | Marc-André | Hannover 96 | 3 AK1 - TM20 | 0:09:25 6 | 0:39:25 3 | 0:17:51 3 | 1:06:41 3 |
| 2 | 635 Kranz | Daniel | TSV Bokeloh | 4 AK1 - TM20 | 0:09:03 3 | 0:41:00 8 | 0:17:13 1 | 1:07:16 4 |
| 3 | 640 Sander | Nick | * Seelze | 5 AK1 - TM20 | 0:09:02 2 | 0:40:54 7 | 0:18:57 11 | 1:08:54 5 |
| 4 | 614 Kampkötter | Lukas | Hannover 96 | 8 AK1 - TM20 | 0:10:42 12 | 0:41:45 11 | 0:18:27 7 | 1:10:54 8 |
| 5 | 631 Makeleni | Vukile | Siakhula / Südafrika | 37 AK1 - TM20 | 0:00:00 -- | 0:00:00 -- | 0:19:01 13 | 1:19:57 39 |
| 6 | 340 Sendeck | Matthias | Triathlon Club Bremen | 69 AK1 - TM20 | 0:13:19 63 | 0:50:33 96 | 0:21:55 48 | 1:25:47 73 |
| 7 | 546 Kiene | Lars | Hannover 96 | 78 AK1 - TM20 | 0:13:33 71 | 0:53:29 146 | 0:21:08 37 | 1:28:10 85 |
| 8 | 311 Brodersen | Jan | * Hamburg | 81 AK1 - TM20 | 0:14:31 107 | 0:50:14 91 | 0:23:47 93 | 1:28:33 88 |
| 9 | 648 Pohle | Edgar | Hamburger SV | 102 AK1 - TM20 | 0:16:16 170 | 0:56:33 170 | 0:19:07 14 | 1:31:56 119 |
| 10 | 305 Artner | Christoph | Sch. V. Landesbergen | 153 AK1 - TM20 | 0:17:56 199 | 0:58:52 183 | 0:26:51 160 | 1:43:39 185 |
| 11 | 304 Düber | Andreas | SC Langenhagen | 168 AK1 - TM20 | 0:00:00 -- | 0:00:00 -- | 0:23:35 88 | 1:55:35 209 |

TM25

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|-------------------|-----------|---------------------------|----------------|-------------|-------------|-------------|-------------|
| 1 | 626 Weber | Sven | TSV Bokeloh | 1 AK2 - TM25 | 0:09:18 4 | 0:38:35 1 | 0:17:49 2 | 1:05:41 1 |
| 2 | 617 Hendrischke | Sebastian | Triathlon Hannover 96 | 11 AK2 - TM25 | 0:10:42 11 | 0:44:43 31 | 0:17:57 4 | 1:13:22 11 |
| 3 | 509 Fischer | Felix | * Braunschweig | 32 AK2 - TM25 | 0:14:38 112 | 0:44:36 30 | 0:20:18 24 | 1:19:32 34 |
| 4 | 512 Pliske | Gerald | * Gronau | 45 AK2 - TM25 | 0:14:30 104 | 0:44:33 29 | 0:23:20 79 | 1:22:23 47 |
| 5 | 508 Mittelsteiner | Enrico | * Hamburg | 92 AK2 - TM25 | 0:15:57 156 | 0:52:17 118 | 0:22:03 50 | 1:30:17 105 |
| 6 | 502 Blanke | Andre | Holtorfer Sportvereinigun | 96 AK2 - TM25 | 0:14:03 87 | 0:51:56 114 | 0:24:46 121 | 1:30:45 110 |
| 7 | 529 Katuzi | Sebastian | * Barsinghausen | 107 AK2 - TM25 | 0:16:40 175 | 0:53:17 143 | 0:22:48 68 | 1:32:45 126 |
| 8 | 324 Göke | Peter | * Bielefeld | 113 AK2 - TM25 | 0:13:53 79 | 0:52:46 126 | 0:26:47 159 | 1:33:26 134 |
| 9 | 510 Boldt | Florian | MTV Pattensen | 118 AK2 - TM25 | 0:16:02 160 | 0:49:52 85 | 0:28:23 187 | 1:34:17 141 |
| 10 | 337 Wendorff | York | * Hannover | 156 AK2 - TM25 | 0:14:40 114 | 1:02:02 199 | 0:27:06 167 | 1:43:48 189 |

TM30

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|--------------|----------|-------------------------|----------------|-------------|-------------|-------------|-------------|
| 1 | 622 Wallmen | Sören | Freundeskreisduell 2009 | 9 AK3 - TM30 | 0:11:38 25 | 0:40:10 4 | 0:20:10 23 | 1:11:58 9 |
| 2 | 629 Benecke | Torben | Freundeskreisduell 2009 | 10 AK3 - TM30 | 0:11:43 28 | 0:40:11 5 | 0:21:03 36 | 1:12:57 10 |
| 3 | 616 Laabs | Ingo | TSV Barsinghausen | 17 AK3 - TM30 | 0:12:58 57 | 0:43:56 21 | 0:18:54 10 | 1:15:48 17 |
| 4 | 345 Recke | Hanno | Lehrter SV | 35 AK3 - TM30 | 0:12:19 42 | 0:45:42 39 | 0:21:41 46 | 1:19:43 37 |
| 5 | 549 Köhler | Matthias | * Wunstorf | 47 AK3 - TM30 | 0:13:15 61 | 0:47:13 52 | 0:21:57 49 | 1:22:24 49 |
| 6 | 621 Cooper | Paul | ATA | 53 AK3 - TM30 | 0:14:11 90 | 0:46:56 50 | 0:22:03 52 | 1:23:11 55 |
| 7 | 531 Wilhelms | Sven | * Barsinghausen | 57 AK3 - TM30 | 0:13:31 68 | 0:45:34 37 | 0:24:39 118 | 1:23:44 60 |
| 8 | 539 Böttcher | Timo | * Hannover | 84 AK3 - TM30 | 0:15:47 149 | 0:52:18 119 | 0:20:53 32 | 1:28:58 92 |
| 9 | 448 Troschka | Lars | TSV Kirchlinteln | 91 AK3 - TM30 | 0:14:14 91 | 0:50:51 99 | 0:25:07 131 | 1:30:12 104 |
| 10 | 331 Janietz | Sven | SV Bad Salzdetfurth | 100 AK3 - TM30 | 0:17:31 189 | 0:49:28 77 | 0:24:34 114 | 1:31:33 116 |
| 11 | 328 Legler | Steffen | * Hannover | 157 AK3 - TM30 | 0:16:39 174 | 0:59:02 185 | 0:28:26 188 | 1:44:07 190 |

TM35

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|--------------|-----------|-----------------------|---------------|------------|------------|------------|------------|
| 1 | 601 Janitzki | Alexander | Bocholter WSV | 2 AK4 - TM35 | 0:08:48 1 | 0:39:05 2 | 0:18:04 5 | 1:05:57 2 |
| 2 | 608 Stehle | Donatus | Hannover 96 | 19 AK4 - TM35 | 0:11:06 17 | 0:44:06 23 | 0:20:50 29 | 1:16:02 19 |
| 3 | 623 Suhr | Stefan | Hannover 96 Triathlon | 27 AK4 - TM35 | 0:14:18 94 | 0:42:05 14 | 0:21:14 38 | 1:17:37 27 |
| 4 | 638 Busse | Karsten | SG Bayer Wuppertal | 28 AK4 - TM35 | 0:12:13 36 | 0:44:57 33 | 0:21:26 40 | 1:18:35 30 |
| 5 | 514 Behnsen | Jens | * Hannover | 44 AK4 - TM35 | 0:14:18 93 | 0:44:31 27 | 0:23:29 85 | 1:22:17 46 |
| 6 | 534 Haake | Thomas | TriAs Hildesheim | 46 AK4 - TM35 | 0:13:59 85 | 0:46:21 45 | 0:22:03 51 | 1:22:23 48 |
| 7 | 450 Burchard | Alexander | * Stuhr | 52 AK4 - TM35 | 0:12:35 52 | 0:47:54 59 | 0:22:38 64 | 1:23:07 54 |

| | | | | | | | | | | | | | | |
|----|-----|----------|-------------|-------------------|-----|------------|---------|-----|---------|-----|---------|-----|----------|-----|
| 8 | 313 | Geschke | Jörn | * Hohenhameln | 58 | AK4 - TM35 | 0:12:18 | 40 | 0:49:06 | 69 | 0:22:24 | 61 | 1:23:48 | 61 |
| 9 | 519 | Zurhorst | Marco | * Kirchlengern | 68 | AK4 - TM35 | 0:12:32 | 49 | 0:48:51 | 67 | 0:24:07 | 103 | 1:25:30 | 72 |
| 10 | 332 | Scholz | Thomas | 1. Nienburger SC | 94 | AK4 - TM35 | 0:14:48 | 117 | 0:51:41 | 108 | 0:24:09 | 105 | 1:30:38 | 108 |
| 11 | 307 | Wehrse | Dirk | DrDick | 119 | AK4 - TM35 | 0:17:13 | 182 | 0:53:02 | 133 | 0:24:12 | 107 | 1:34:27 | 142 |
| 12 | 320 | Kotzolt | Markus | CaBa's CaBaNauTeN | 120 | AK4 - TM35 | 0:15:58 | 158 | 0:53:37 | 148 | 0:24:59 | 125 | 1:34:33 | 143 |
| 13 | 229 | Hartmann | Andreas | * Celle | 127 | AK4 - TM35 | 0:15:43 | 144 | 0:54:49 | 159 | 0:24:50 | 122 | 1:35:22 | 151 |
| 14 | 321 | Coenen | Martin | * Wesel | 131 | AK4 - TM35 | 0:16:48 | 178 | 0:53:15 | 141 | 0:26:11 | 152 | 1:36:13 | 157 |
| 15 | 235 | Tummonds | David | * Hannover | 158 | AK4 - TM35 | 0:14:34 | 110 | 1:01:26 | 197 | 0:28:21 | 186 | 1:44:21 | 192 |
| 16 | 323 | Neumann | Michael | * Steinhude | 161 | AK4 - TM35 | 0:16:07 | 168 | 0:59:55 | 191 | 0:30:27 | 202 | 1:46:29 | 196 |
| 17 | 318 | Spohr | Marc-Oliver | * Hannover | 165 | AK4 - TM35 | 0:18:38 | 207 | 1:01:37 | 198 | 0:30:20 | 201 | 1:50:35 | 203 |
| 18 | 234 | Millward | Mark | * Wennigsen | 166 | AK4 - TM35 | 0:25:31 | 216 | 0:54:39 | 156 | 0:31:06 | 205 | 1:51:16 | 204 |
| -- | 346 | König | Heiko | HMC Hannover | -- | AK4 - TM35 | 0:15:07 | 131 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |

TM40

| Platz | Start- | Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | |
|-------|--------|-------------|--------------|-------------------------|-----|-------------|---------|------|---------|-----|---------|-----|----------|-----|
| 1 | 602 | Nielsen | Anders Riber | TSV Barsinghausen | 7 | Sen1 - TM40 | 0:09:34 | 7 | 0:41:17 | 9 | 0:19:54 | 19 | 1:10:45 | 7 |
| 2 | 607 | Terstesse | Christian | TSVE 1890 Bielefeld | 12 | Sen1 - TM40 | 0:11:33 | 22 | 0:42:00 | 12 | 0:20:51 | 30 | 1:14:24 | 12 |
| 3 | 609 | Eickhoff | Eckart | 1. Nienburger SC | 13 | Sen1 - TM40 | 0:11:20 | 18 | 0:43:03 | 17 | 0:20:22 | 25 | 1:14:46 | 13 |
| 4 | 645 | Raabe | Michael | Tri Sport Team Verl | 18 | Sen1 - TM40 | 0:11:37 | 24 | 0:43:26 | 18 | 0:20:56 | 33 | 1:15:59 | 18 |
| 5 | 528 | Dörrie | Robin | SSV Limmer | 20 | Sen1 - TM40 | 0:13:35 | 72 | 0:44:18 | 25 | 0:18:29 | 8 | 1:16:22 | 20 |
| 6 | 618 | Kruse | Lüder | Triathlon Club Bremen | 21 | Sen1 - TM40 | 0:12:17 | 39 | 0:44:02 | 22 | 0:20:10 | 22 | 1:16:29 | 21 |
| 7 | 643 | Michael | Carsten | Tri-Team Dissen | 22 | Sen1 - TM40 | 0:14:14 | 92 | 0:43:35 | 20 | 0:19:00 | 12 | 1:16:50 | 22 |
| 8 | 605 | Theuer | Andreas | trisporthavelse | 24 | Sen1 - TM40 | 0:14:01 | 86 | 0:42:59 | 16 | 0:20:09 | 21 | 1:17:09 | 24 |
| 9 | 348 | Koch | Eckhard | Luhdener SV | 30 | Sen1 - TM40 | 0:13:48 | 77 | 0:44:56 | 32 | 0:20:04 | 20 | 1:18:47 | 32 |
| 10 | 522 | Piatczyc | Markus | TSV Bokeloh | 33 | Sen1 - TM40 | 0:12:26 | 46 | 0:44:33 | 28 | 0:22:35 | 63 | 1:19:34 | 35 |
| 11 | 543 | Keuns | Udo | TRICITY 2001 e.V. Pader | 34 | Sen1 - TM40 | 0:12:25 | 45 | 0:45:36 | 38 | 0:21:37 | 44 | 1:19:38 | 36 |
| 12 | 521 | Sommerfeld | Marcus | SC Weyhe | 36 | Sen1 - TM40 | 0:11:28 | 20 | 0:44:07 | 24 | 0:24:17 | 108 | 1:19:52 | 38 |
| 13 | 524 | Grädener | Martin | SG Rodenberg | 38 | Sen1 - TM40 | 0:13:14 | 60 | 0:48:06 | 63 | 0:19:33 | 16 | 1:20:54 | 40 |
| 14 | 233 | Ritter | Alexander | * Hannover | 42 | Sen1 - TM40 | 0:14:59 | 125 | 0:46:06 | 43 | 0:20:50 | 28 | 1:21:55 | 44 |
| 15 | 530 | Göbel | Sven | Team Weinberger Boden | 43 | Sen1 - TM40 | 0:14:19 | 97 | 0:46:20 | 44 | 0:21:32 | 41 | 1:22:11 | 45 |
| 16 | 526 | Höpner | Michael | Hamelner Schwimmverei | 48 | Sen1 - TM40 | 0:11:05 | 16 | 0:47:25 | 53 | 0:24:18 | 109 | 1:22:47 | 50 |
| 17 | 445 | Davids | Erik | TSVE 1890 Bielefeld | 49 | Sen1 - TM40 | 0:12:49 | 55 | 0:47:47 | 57 | 0:22:13 | 58 | 1:22:49 | 51 |
| 18 | 624 | Winning | Stefan | Soltauer Sport Club | 50 | Sen1 - TM40 | 0:12:13 | 34 | 0:47:56 | 61 | 0:22:41 | 66 | 1:22:49 | 52 |
| 19 | 440 | Schwieger | Peter | Hannover 96 Triathlon | 51 | Sen1 - TM40 | 0:15:00 | 126 | 0:45:24 | 36 | 0:22:42 | 67 | 1:23:06 | 53 |
| 20 | 515 | Tjaden | Jens | JFC Allertal | 55 | Sen1 - TM40 | 0:13:56 | 82 | 0:45:54 | 40 | 0:23:24 | 83 | 1:23:14 | 57 |
| 21 | 550 | Friedrichs | Olaf | SSV Pennigsehl | 56 | Sen1 - TM40 | 0:15:02 | 128 | 0:47:42 | 56 | 0:20:39 | 26 | 1:23:23 | 58 |
| 22 | 504 | Lindhorst | Bernd | Soltauer Sport Club | 61 | Sen1 - TM40 | 0:11:22 | 19 | 0:50:35 | 97 | 0:22:31 | 62 | 1:24:28 | 65 |
| 23 | 527 | Matthias | Michael | 3athlon Bern | 62 | Sen1 - TM40 | 0:12:31 | 48 | 0:50:26 | 95 | 0:21:37 | 43 | 1:24:33 | 66 |
| 24 | 513 | Koopmann | Jan | LG Heber | 67 | Sen1 - TM40 | 0:15:33 | 140 | 0:47:30 | 54 | 0:22:20 | 59 | 1:25:23 | 71 |
| 25 | 536 | Jarosiewicz | Thomas | TuS Oldau/Ovelgönne | 71 | Sen1 - TM40 | 0:13:57 | 83 | 0:48:45 | 65 | 0:23:47 | 92 | 1:26:28 | 76 |
| 26 | 535 | Hinz | Thomas | * Garbsen | 77 | Sen1 - TM40 | 0:14:28 | 102 | 0:49:30 | 78 | 0:23:54 | 99 | 1:27:52 | 84 |
| 27 | 541 | Wagener | Ulrich | TuS Wunstorf | 86 | Sen1 - TM40 | 0:12:24 | 44 | 0:49:39 | 81 | 0:26:59 | 162 | 1:29:02 | 94 |
| 28 | 505 | Kretschmer | Burkhard | TuS Wunstorf | 87 | Sen1 - TM40 | 0:13:27 | 65 | 0:50:19 | 93 | 0:25:20 | 135 | 1:29:07 | 95 |
| 29 | 503 | Ilgner | Andreas | Holtorfer SV | 95 | Sen1 - TM40 | 0:14:23 | 100 | 0:53:12 | 138 | 0:23:10 | 74 | 1:30:45 | 109 |
| 30 | 342 | Billert | Frank | SV Garbsen | 105 | Sen1 - TM40 | 0:13:47 | 74 | 0:52:57 | 127 | 0:25:35 | 139 | 1:32:19 | 123 |
| 31 | 417 | Brunke | Jörg | * Isernhagen | 109 | Sen1 - TM40 | 0:14:49 | 120 | 0:53:20 | 144 | 0:24:38 | 117 | 1:32:46 | 128 |
| 32 | 349 | Franke | Thomas | TSV Victoria Linden | 110 | Sen1 - TM40 | 0:15:56 | 155 | 0:52:29 | 121 | 0:24:31 | 113 | 1:32:56 | 130 |
| 33 | 407 | Plenge | Erik | TSV Schwarme | 115 | Sen1 - TM40 | 0:13:16 | 62 | 0:52:38 | 123 | 0:27:59 | 183 | 1:33:53 | 136 |
| 34 | 511 | Utke | Frank | * Winsen/Aller | 122 | Sen1 - TM40 | 0:17:40 | 192 | 0:52:58 | 129 | 0:24:00 | 102 | 1:34:38 | 145 |
| 35 | 315 | Vogel | Maik | Velpker SV | 124 | Sen1 - TM40 | 0:14:49 | 119 | 0:56:01 | 164 | 0:23:53 | 97 | 1:34:43 | 147 |
| 36 | 421 | Lengsfeld | Markus | TV-Jahn Reburg | 126 | Sen1 - TM40 | 0:17:14 | 183 | 0:53:13 | 139 | 0:24:30 | 112 | 1:34:57 | 149 |
| 37 | 533 | Eine | Thomas | TVN Einzelmitglied | 130 | Sen1 - TM40 | 0:15:44 | 146 | 0:53:08 | 136 | 0:27:13 | 171 | 1:36:06 | 156 |
| 38 | 236 | Petersen | Dirk | Tri-Speedys Peine | 132 | Sen1 - TM40 | 0:16:30 | 171 | 0:54:20 | 154 | 0:26:07 | 151 | 1:36:57 | 159 |
| 39 | 222 | Haase | Oliver | * Schwarmstedt | 133 | Sen1 - TM40 | 0:19:16 | 208 | 0:51:51 | 111 | 0:26:02 | 149 | 1:37:08 | 160 |
| 40 | 437 | Quint | Volker | SV Bad Salzdettfurth | 138 | Sen1 - TM40 | 0:16:06 | 167 | 0:54:39 | 157 | 0:27:00 | 163 | 1:37:46 | 166 |
| 41 | 415 | Wolts | Jens | * Seelze | 141 | Sen1 - TM40 | 0:15:25 | 138 | 0:59:21 | 188 | 0:25:18 | 134 | 1:40:04 | 171 |
| 42 | 444 | Rieger | Michael | * Hannover | 144 | Sen1 - TM40 | 0:15:09 | 133 | 0:58:18 | 180 | 0:27:39 | 178 | 1:41:06 | 175 |
| 43 | 432 | Ehlers | Stephan | Shotokan Lüneburg -Kara | 151 | Sen1 - TM40 | 0:18:25 | 202 | 0:57:52 | 176 | 0:26:57 | 161 | 1:43:13 | 183 |
| 44 | 416 | Föhr | Jochen | * Seelze | 152 | Sen1 - TM40 | 0:15:46 | 148 | 0:59:58 | 192 | 0:27:51 | 181 | 1:43:34 | 184 |
| 45 | 228 | Herre | Volker | Madison Hildesheim | 155 | Sen1 - TM40 | 0:18:31 | 204 | 1:00:04 | 193 | 0:25:06 | 130 | 1:43:41 | 187 |
| 46 | 430 | Hackel | Steffen | Team Hackel | 167 | Sen1 - TM40 | 0:15:18 | 134 | 0:58:58 | 184 | 0:40:19 | 213 | 1:54:35 | 208 |
| -- | 540 | Meyer | Torsten | SG Rodenberg | -- | Sen1 - TM40 | 0:12:02 | 32 | 0:53:24 | 145 | 0:00:00 | -- | --:--:-- | -- |
| -- | 506 | Hopmann | Dirk | LSV Boule | -- | Sen1 - TM40 | 0:12:30 | 47 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- | 538 | Weißköppel | Tillmann | RSC Wunstorf | -- | Sen1 - TM40 | 0:15:02 | 129 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |

TM45

| Platz | Start- | Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | |
|-------|--------|--------------|-----------|-----------------------|----|-------------|---------|------|---------|----|---------|----|---------|----|
| 1 | 620 | Kreitz | Michael | Hannover 96 Triathlon | 15 | Sen2 - TM45 | 0:13:41 | 73 | 0:41:33 | 10 | 0:19:49 | 18 | 1:15:02 | 15 |
| 2 | 429 | Taube | Siegfried | * Melle | 25 | Sen2 - TM45 | 0:11:28 | 21 | 0:43:33 | 19 | 0:22:12 | 55 | 1:17:13 | 25 |
| 3 | 632 | Wurms | Yorck | Siakhula / Südafrika | 26 | Sen2 - TM45 | 0:11:33 | 23 | 0:42:38 | 15 | 0:23:13 | 75 | 1:17:24 | 26 |
| 4 | 615 | Kurzweil | Helge | Soltauer Sport Club | 39 | Sen2 - TM45 | 0:10:14 | 8 | 0:49:07 | 70 | 0:21:45 | 47 | 1:21:06 | 41 |
| 5 | 405 | Bauermeister | Dirk | TSV Kirchdorf | 40 | Sen2 - TM45 | 0:12:32 | 50 | 0:49:07 | 71 | 0:19:39 | 17 | 1:21:18 | 42 |
| 6 | 419 | Daeves | Klaus | * Harsefeld | 41 | Sen2 - TM45 | 0:12:12 | 33 | 0:47:55 | 60 | 0:21:17 | 39 | 1:21:24 | 43 |
| 7 | 408 | Stelter | Ferdinand | * Celle | 60 | Sen2 - TM45 | 0:12:35 | 51 | 0:50:13 | 90 | 0:21:36 | 42 | 1:24:24 | 64 |
| 8 | 446 | Artner | Andreas | Holtorfer SV | 63 | Sen2 - TM45 | 0:15:50 | 150 | 0:46:48 | 48 | 0:22:07 | 53 | 1:24:46 | 67 |
| 9 | 402 | Weber | Bernhard | Triathlon-Club-Bremen | 65 | Sen2 - TM45 | 0:13:52 | 78 | 0:49:22 | 75 | 0:21:41 | 45 | 1:24:54 | 69 |

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|----|-----|----------------|----------|--------------------------|-----|-------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 10 | 327 | Rundholz | Danel | * Rotenburg Wümme | 66 | Sen2 - TM45 | 0:00:00 | -- | 0:00:00 | -- | 0:20:41 | 27 | 1:25:20 | 70 |
| 11 | 435 | Schneider | Ulrich | * Bad Münden | 70 | Sen2 - TM45 | 0:13:32 | 70 | 0:47:37 | 55 | 0:24:42 | 120 | 1:25:52 | 74 |
| 12 | 428 | Seeck | Roger | Holtorfer SV | 72 | Sen2 - TM45 | 0:13:08 | 59 | 0:50:10 | 87 | 0:23:22 | 82 | 1:26:40 | 77 |
| 13 | 441 | Kaiser | Andreas | LTV Oberereichsfeld e.V. | 74 | Sen2 - TM45 | 0:14:54 | 122 | 0:49:08 | 72 | 0:23:15 | 76 | 1:27:17 | 80 |
| 14 | 427 | Dittel | Reiner | HSV Triathlon | 76 | Sen2 - TM45 | 0:14:18 | 95 | 0:49:36 | 80 | 0:23:44 | 91 | 1:27:38 | 83 |
| 15 | 403 | Schmerer | Boto | SC Langenhagen | 80 | Sen2 - TM45 | 0:14:48 | 118 | 0:50:19 | 92 | 0:23:16 | 77 | 1:28:24 | 87 |
| 16 | 447 | Klages | Andreas | TVE Sehnde Radsport | 83 | Sen2 - TM45 | 0:14:45 | 116 | 0:49:42 | 83 | 0:24:21 | 111 | 1:28:49 | 91 |
| 17 | 434 | Scholz | Thomas | Sparta 09 Hannover | 85 | Sen2 - TM45 | 0:15:36 | 141 | 0:49:33 | 79 | 0:23:49 | 94 | 1:28:58 | 93 |
| 18 | 436 | Ritter | Uwe | Tri Team Sus Northeim | 88 | Sen2 - TM45 | 0:13:47 | 76 | 0:50:07 | 86 | 0:25:55 | 146 | 1:29:50 | 99 |
| 19 | 411 | Spirgatis | Frank | * Hannover | 90 | Sen2 - TM45 | 0:15:21 | 137 | 0:51:11 | 102 | 0:23:32 | 86 | 1:30:04 | 102 |
| 20 | 418 | Reimers | Jürgen | TSV Verden | 97 | Sen2 - TM45 | 0:15:28 | 139 | 0:52:39 | 124 | 0:23:08 | 73 | 1:31:16 | 112 |
| 21 | 347 | Pingel | Klaus | * Hannover | 104 | Sen2 - TM45 | 0:16:06 | 165 | 0:53:30 | 147 | 0:22:40 | 65 | 1:32:16 | 121 |
| 22 | 406 | Fennekoldt | Dirk | 1. NSC Nienburg | 106 | Sen2 - TM45 | 0:13:28 | 67 | 0:51:32 | 106 | 0:27:39 | 179 | 1:32:39 | 124 |
| 23 | 433 | Maelecke | Thomas | MTV Ahnsbeck | 108 | Sen2 - TM45 | 0:15:01 | 127 | 0:51:54 | 112 | 0:25:52 | 144 | 1:32:46 | 127 |
| 24 | 422 | Müller-Steffen | Martin | Lauftreff Wunstorf | 114 | Sen2 - TM45 | 0:15:51 | 152 | 0:53:47 | 151 | 0:23:58 | 101 | 1:33:36 | 135 |
| 25 | 409 | Weichel | Franco | AMTV Triathlon | 121 | Sen2 - TM45 | 0:12:36 | 53 | 0:48:04 | 62 | 0:33:54 | 209 | 1:34:34 | 144 |
| 26 | 423 | Rathjen | Michael | Triathlon Club Bremen | 129 | Sen2 - TM45 | 0:16:04 | 163 | 0:52:34 | 122 | 0:27:04 | 166 | 1:35:42 | 154 |
| 27 | 426 | Greve | Ralph | * Coppenbrügge-Dieders | 134 | Sen2 - TM45 | 0:15:45 | 147 | 0:57:35 | 175 | 0:24:10 | 106 | 1:37:29 | 161 |
| 28 | 431 | Pözl | Steffen | * Wunstorf | 135 | Sen2 - TM45 | 0:16:34 | 173 | 0:53:50 | 152 | 0:27:09 | 168 | 1:37:33 | 162 |
| 29 | 221 | Stehn | Matthias | LT SC Bad Münden | 136 | Sen2 - TM45 | 0:17:51 | 198 | 0:54:47 | 158 | 0:25:01 | 126 | 1:37:40 | 164 |
| 30 | 439 | Stach | Dieter | * Warmsen | 139 | Sen2 - TM45 | 0:15:54 | 153 | 0:54:28 | 155 | 0:28:18 | 185 | 1:38:40 | 168 |
| 31 | 425 | Hauschild | Rainer | SG Rodenberg | 145 | Sen2 - TM45 | 0:17:36 | 190 | 0:56:26 | 168 | 0:27:11 | 170 | 1:41:13 | 176 |
| 32 | 438 | Rössler | Andreas | TSV Elstorf | 147 | Sen2 - TM45 | 0:17:13 | 181 | 0:56:31 | 169 | 0:27:38 | 177 | 1:41:21 | 178 |
| 33 | 251 | Sieman | Peter | * Rehren | 149 | Sen2 - TM45 | 0:14:11 | 89 | 0:57:59 | 178 | 0:29:53 | 197 | 1:42:03 | 180 |
| 34 | 226 | Smolla | Ralf | RSV Hannover | 170 | Sen2 - TM45 | 0:21:38 | 211 | 1:07:46 | 207 | 0:33:43 | 208 | 2:03:07 | 212 |

TM50

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | | |
|-------|------------|---------------|-----------|-----------------------|--------|-------------|---------|------|---------|-----|---------|-----|----------|-----|
| 1 | 309 | Jähn | Fritz | Waspo 08 Göttingen | 29 | Sen3 - TM50 | 0:00:00 | -- | 0:00:00 | -- | 0:22:20 | 60 | 1:18:36 | 31 |
| 2 | 302 | Brummer | Andreas | VfL Wolfsburg | 31 | Sen3 - TM50 | 0:11:58 | 30 | 0:45:57 | 41 | 0:21:02 | 35 | 1:18:56 | 33 |
| 3 | 308 | Döbel | Friedhelm | SV Hertha Otze | 54 | Sen3 - TM50 | 0:13:54 | 80 | 0:45:59 | 42 | 0:23:19 | 78 | 1:23:12 | 56 |
| 4 | 343 | Rosendahl | Hartmut | Grupetto Velber | 75 | Sen3 - TM50 | 0:17:28 | 187 | 0:46:29 | 46 | 0:23:22 | 81 | 1:27:19 | 81 |
| 5 | 317 | Tarne | Manfred | * Langenhagen | 82 | Sen3 - TM50 | 0:14:57 | 124 | 0:50:11 | 88 | 0:23:26 | 84 | 1:28:34 | 89 |
| 6 | 547 | Holtz | Norbert | TSG Nordholz | 89 | Sen3 - TM50 | 0:18:29 | 203 | 0:47:09 | 51 | 0:24:18 | 110 | 1:29:56 | 101 |
| 7 | 306 | Erasmus | Detlef | LT SC Bad Münden | 93 | Sen3 - TM50 | 0:14:23 | 99 | 0:53:15 | 140 | 0:22:52 | 69 | 1:30:29 | 106 |
| 8 | 334 | Brill | Ulrich | * Minden | 99 | Sen3 - TM50 | 0:15:39 | 142 | 0:49:04 | 68 | 0:26:43 | 158 | 1:31:26 | 114 |
| 9 | 316 | Ahrbecker | Manfred | TSV Mühlenfeld | 111 | Sen3 - TM50 | 0:15:43 | 145 | 0:53:00 | 132 | 0:24:38 | 116 | 1:33:21 | 132 |
| 10 | 336 | Elsner | Wolfgang | VfB Fallersleben | 116 | Sen3 - TM50 | 0:17:41 | 193 | 0:53:07 | 135 | 0:23:08 | 72 | 1:33:56 | 138 |
| 11 | 314 | Mencke | Klaus | * Wedemark | 117 | Sen3 - TM50 | 0:16:43 | 176 | 0:51:35 | 107 | 0:25:58 | 148 | 1:34:15 | 140 |
| 12 | 325 | Zelle | Peter | * Minden | 123 | Sen3 - TM50 | 0:14:29 | 103 | 0:52:43 | 125 | 0:27:26 | 175 | 1:34:39 | 146 |
| 13 | 335 | Ronge | Volker | Uni Triathlönw Bremen | 143 | Sen3 - TM50 | 0:15:09 | 132 | 0:59:17 | 187 | 0:25:52 | 145 | 1:40:19 | 173 |
| 14 | 202 | Messerschmidt | Alfred | * Seelze | 154 | Sen3 - TM50 | 0:22:47 | 212 | 0:55:56 | 163 | 0:24:57 | 124 | 1:43:40 | 186 |
| 15 | 333 | Winkler | Thomas | * Bad Nenndorf | 164 | Sen3 - TM50 | 0:17:45 | 195 | 1:00:37 | 195 | 0:30:45 | 204 | 1:49:08 | 201 |
| 16 | 210 | Menell | Georg | * Ronnenberg | 169 | Sen3 - TM50 | 0:17:28 | 188 | 1:04:53 | 205 | 0:34:01 | 211 | 1:56:22 | 210 |
| -- | 630 | Hartmann | Rüdiger | 1. Nienburger SC | -- | Sen3 - TM50 | 0:11:42 | 27 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |

TM55

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | | |
|-------|------------|----------|----------|------------------|--------|-------------|---------|------|---------|-----|---------|-----|---------|-----|
| 1 | 224 | Schultz | Raimund | SC Langenhagen | 59 | Sen4 - TM55 | 0:12:13 | 37 | 0:48:35 | 64 | 0:23:04 | 70 | 1:23:53 | 62 |
| 2 | 212 | Tondock | Günter | TG Northeim | 64 | Sen4 - TM55 | 0:11:55 | 29 | 0:49:24 | 76 | 0:23:33 | 87 | 1:24:52 | 68 |
| 3 | 218 | Döbel | Heinz | SV Hertha Otze | 112 | Sen4 - TM55 | 0:16:31 | 172 | 0:51:29 | 105 | 0:25:22 | 136 | 1:33:22 | 133 |
| 4 | 227 | Thiry | Rolf | TriAs Hildesheim | 125 | Sen4 - TM55 | 0:13:47 | 75 | 0:54:07 | 153 | 0:27:00 | 164 | 1:34:55 | 148 |
| 5 | 205 | Herrmann | Bernhard | VfL Bad Nenndorf | 150 | Sen4 - TM55 | 0:17:24 | 186 | 0:57:59 | 177 | 0:27:18 | 173 | 1:42:40 | 182 |
| 6 | 206 | Baier | Detlev | * Hannover | 162 | Sen4 - TM55 | 0:16:43 | 177 | 1:04:23 | 204 | 0:26:25 | 157 | 1:47:31 | 199 |

TM60

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | | |
|-------|------------|-------------|---------|--------------------------|--------|-------------|---------|------|---------|-----|---------|-----|---------|-----|
| 1 | 220 | Schulz | Joachim | Team Erdinger Alkoholfre | 101 | Sen5 - TM60 | 0:15:42 | 143 | 0:52:20 | 120 | 0:23:51 | 96 | 1:31:53 | 118 |
| 2 | 204 | Wyrowski | Bernd | Soltauer Sport Club | 103 | Sen5 - TM60 | 0:14:33 | 109 | 0:50:24 | 94 | 0:27:15 | 172 | 1:32:12 | 120 |
| 3 | 211 | Struß | Gerhard | Team Erdinger Alkoholfre | 128 | Sen5 - TM60 | 0:15:51 | 151 | 0:56:11 | 166 | 0:23:38 | 90 | 1:35:39 | 153 |
| 4 | 217 | Prenzler | Heino | * Neustadt a. Rbge. | 142 | Sen5 - TM60 | 0:15:55 | 154 | 0:55:19 | 160 | 0:28:59 | 191 | 1:40:13 | 172 |
| 5 | 208 | Labudda | Dieter | * Bredenbeck | 146 | Sen5 - TM60 | 0:17:43 | 194 | 0:56:34 | 171 | 0:27:02 | 165 | 1:41:19 | 177 |
| 6 | 209 | Mesterheide | Erwin | OTSV Preuß. Oldendorf | 163 | Sen5 - TM60 | 0:23:54 | 214 | 0:56:58 | 172 | 0:27:33 | 176 | 1:48:25 | 200 |

TM65

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | | |
|-------|------------|------------|---------|-----------------|--------|-------------|---------|------|---------|-----|---------|-----|---------|-----|
| 1 | 551 | Stoeber | Hans | SC Langenhagen | 98 | Sen6 - TM65 | 0:14:44 | 115 | 0:51:02 | 100 | 0:25:33 | 138 | 1:31:19 | 113 |
| 2 | 232 | Kaltofen | Eckhart | TB Stöcken | 140 | Sen6 - TM65 | 0:17:39 | 191 | 0:57:04 | 173 | 0:25:10 | 133 | 1:39:53 | 170 |
| 3 | 223 | Neugebauer | Peter | TG DDD Hannover | 160 | Sen6 - TM65 | 0:18:36 | 206 | 0:58:50 | 182 | 0:28:29 | 189 | 1:45:56 | 194 |

TM70

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | | | |
|-------|------------|------------|--------|--------------|--------|-------------|---------|------|---------|-----|---------|-----|---------|-----|
| 1 | 231 | Hermerding | Rudolf | Holtorfer SV | 159 | Sen7 - TM70 | 0:17:50 | 197 | 0:57:35 | 174 | 0:30:19 | 200 | 1:45:43 | 193 |

2 215 Pelikan Hartmut Mühlenberger SV 171 Sen7 - TM70 0:24:48 215 1:08:54 208 0:33:57 210 2:07:38 213

TW16

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|---------------|---------|----------------------|----------------|-------------|-------------|-------------|-------------|
| 1 | 136 Schmugge | Jasmin | Lehrter SV Triathlon | 7 JugA - TW16 | 0:10:43 13 | 0:51:19 104 | 0:25:29 137 | 1:27:30 82 |
| 2 | 137 Meiseberg | Jule | * Hannover | 35 JugA - TW16 | 0:16:04 162 | 1:01:00 196 | 0:29:03 192 | 1:46:06 195 |

TW18

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|---------------|-----------|-----------------------|---------------|------------|-------------|-------------|-------------|
| 1 | 138 Tegtmeier | Scarlett | TSV Bokeloh | 2 Jun - TW18 | 0:10:54 14 | 0:46:29 46 | 0:20:52 31 | 1:18:16 29 |
| 2 | 109 Heywinkel | Franziska | www.pro-discount24.de | 37 Jun - TW18 | 0:12:16 38 | 0:58:14 179 | 0:36:51 212 | 1:47:21 198 |

TW20

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|------------|---------|----------------|---------------|------------|-------------|-------------|-------------|
| 1 | 115 Gbur | Jasmin | * Bückeburg | 24 AK1 - TW20 | 0:12:36 54 | 0:56:10 165 | 0:26:13 153 | 1:35:00 150 |
| 2 | 144 Gill | Juliana | Kaifu Tri Team | 29 AK1 - TW20 | 0:00:00 -- | 0:00:00 -- | 0:28:35 190 | 1:38:02 167 |

TW25

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|----------------------|----------|-----------------|---------------|-------------|-------------|-------------|-------------|
| 1 | 145 Wolffram | Lydia | kaifu-tri-team | 1 AK2 - TW25 | 0:12:13 35 | 0:45:02 35 | 0:20:57 34 | 1:18:11 28 |
| 2 | 207 Schultz-Wildelau | Claudia | * Hannover | 25 AK2 - TW25 | 0:16:59 179 | 0:52:04 116 | 0:26:22 155 | 1:35:24 152 |
| 3 | 146 Stieve | Christin | * Adelheidsdorf | 28 AK2 - TW25 | 0:14:32 108 | 0:53:00 131 | 0:30:04 198 | 1:37:36 163 |

TW30

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|-------------|---------|---------------------|---------------|------------------------------------|-------------|-------------|-------------|
| 1 | 121 Leppin | Manuela | Germania Helstorf | 5 AK3 - TW30 | 0:14:19 96 | 0:49:52 84 | 0:22:10 54 | 1:26:21 75 |
| 2 | 122 Wittler | Marion | TSVE 1890 Bielefeld | 6 AK3 - TW30 | 0:13:55 81 | 0:49:40 82 | 0:23:07 71 | 1:26:42 78 |
| 3 | 120 Korsch | Katrin | * Algermissen | 13 AK3 - TW30 | 0:13:04 58 | 0:53:11 137 | 0:23:56 100 | 1:30:11 103 |
| 4 | 141 Annusek | Juliane | * Wennigsen | 32 AK3 - TW30 | 0:13:28 66 | 0:55:55 162 | 0:32:57 206 | 1:42:20 181 |
| - | 213 Kellner | Corinna | * Barsinghausen | - AK3 - TW30 | Disqualifiziert: nur eine Radrunde | | | |

TW35

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|----------------|---------|-------------------|---------------|-------------|-------------|-------------|-------------|
| 1 | 108 Sachse | Evelyn | * Burgdorf | 8 AK4 - TW35 | 0:14:10 88 | 0:51:11 103 | 0:23:21 80 | 1:28:41 90 |
| 2 | 130 Kempe | Susanne | * Hannover | 19 AK4 - TW35 | 0:14:30 105 | 0:52:17 117 | 0:25:55 147 | 1:32:42 125 |
| 3 | 107 Kretschmer | Elvira | TSV Klein Heidorn | 21 AK4 - TW35 | 0:14:56 123 | 0:51:42 109 | 0:26:22 156 | 1:33:00 131 |
| 4 | 118 Kälble | Kathrin | KC Limmer | 34 AK4 - TW35 | 0:16:07 169 | 0:58:36 181 | 0:29:24 194 | 1:44:08 191 |
| 5 | 225 Matthias | Heike | SG Rodenberg | 42 AK4 - TW35 | 0:22:56 213 | 1:07:44 206 | 0:30:35 203 | 2:01:15 211 |

TW40

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|----------------|---------|---------------------|----------------|-------------|-------------|-------------|-------------|
| 1 | 128 Timm | Sabine | TriAs Hildesheim | 3 Sen1 - TW40 | 0:14:19 98 | 0:46:53 49 | 0:22:13 56 | 1:23:25 59 |
| 2 | 129 Staats | Silke | TSV Anderten | 9 Sen1 - TW40 | 0:14:25 101 | 0:49:14 73 | 0:25:40 141 | 1:29:18 96 |
| 3 | 104 Greisinger | Britta | Soltauer Sport Club | 11 Sen1 - TW40 | 0:15:19 135 | 0:48:50 66 | 0:25:40 140 | 1:29:49 98 |
| 4 | 106 Körner | Diane | * Lindhorst | 14 Sen1 - TW40 | 0:13:58 84 | 0:49:16 74 | 0:27:23 174 | 1:30:37 107 |
| 5 | 139 Depping | Miriam | SG Rodenberg | 15 Sen1 - TW40 | 0:14:31 106 | 0:51:43 110 | 0:24:38 115 | 1:30:52 111 |
| 6 | 103 Nielsen | Birgit | TSV Barsinghausen | 18 Sen1 - TW40 | 0:10:57 15 | 0:53:39 150 | 0:27:41 180 | 1:32:17 122 |
| 7 | 131 Schmidt | Uta | * Hannover | 20 Sen1 - TW40 | 0:14:38 113 | 0:53:04 134 | 0:25:08 132 | 1:32:50 129 |
| 8 | 113 Heinze | Ines | LT SC Bad Münder | 22 Sen1 - TW40 | 0:17:15 184 | 0:51:58 115 | 0:24:42 119 | 1:33:55 137 |
| 9 | 119 Scheffe | Katja | * Hannover | 23 Sen1 - TW40 | 0:17:00 180 | 0:50:48 98 | 0:26:21 154 | 1:34:08 139 |
| 10 | 135 Heithecker | Anne | TSV Victoria Linden | 27 Sen1 - TW40 | 0:17:22 185 | 0:53:17 142 | 0:25:50 143 | 1:36:28 158 |
| 11 | 126 Hilbers | Petra | TG DDD Hannover | 30 Sen1 - TW40 | 0:16:06 166 | 0:55:36 161 | 0:27:57 182 | 1:39:38 169 |
| 12 | 125 Biskup | Meike | TriAs Hildesheim | 33 Sen1 - TW40 | 0:16:02 159 | 0:59:30 189 | 0:28:11 184 | 1:43:43 188 |

TW45

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|----------------|----------|------------------------|----------------|-------------|-------------|-------------|-------------|
| 1 | 117 Kaindl | Kathrin | Tri-Team TSV Neustadt | 4 Sen2 - TW45 | 0:13:24 64 | 0:46:42 47 | 0:23:50 95 | 1:23:55 63 |
| 2 | 110 Wehrenberg | Frauke | 1. WV Wunstorf | 10 Sen2 - TW45 | 0:10:54 14 | 0:53:37 149 | 0:24:54 123 | 1:29:24 97 |
| 3 | 133 Ballmann | Andrea | Lehrter SV - Triathlon | 12 Sen2 - TW45 | 0:16:05 164 | 0:50:11 89 | 0:23:38 89 | 1:29:54 100 |
| 4 | 127 Ribbentrop | Sabine | SV Victoria Lauenau | 26 Sen2 - TW45 | 0:17:58 200 | 0:51:56 113 | 0:26:03 150 | 1:35:57 155 |
| 5 | 142 Reinecke | Cornelia | SG Rodenberg | 36 Sen2 - TW45 | 0:17:46 196 | 0:59:48 190 | 0:29:29 195 | 1:47:03 197 |
| 6 | 112 Seeck | Helge | Holtorfer SV | 39 Sen2 - TW45 | 0:18:35 205 | 1:02:36 201 | 0:30:15 199 | 1:51:25 205 |
| -- | 102 Ahlgrimm | Birgit | * Wunstorf | -- Sen2 - TW45 | 0:16:03 161 | 0:00:00 -- | 0:00:00 -- | --:--:-- -- |

TW50

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|----------------|------------|--------------------|----------------|-------------|-------------|-------------|-------------|
| 1 | 105 Tondock | Christa | TG Northeim | 16 Sen3 - TW50 | 0:14:38 111 | 0:52:58 128 | 0:23:54 98 | 1:31:29 115 |
| 2 | 147 Zellmer | Anne | * Seelze | 17 Sen3 - TW50 | 0:14:53 121 | 0:51:08 101 | 0:25:40 142 | 1:31:41 117 |
| 3 | 123 Tangermann | Martina | Lauftreff Wunstorf | 31 Sen3 - TW50 | 0:15:03 130 | 1:00:27 194 | 0:25:06 129 | 1:40:35 174 |
| 4 | 201 Manzoni | Anne Marie | B VW N | 40 Sen3 - TW50 | 0:20:42 210 | 1:03:44 203 | 0:29:22 193 | 1:53:48 206 |

TW55

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|------------|---------|------------|----------------|-------------|-------------|-------------|-------------|
| 1 111 | Leitner | Heike | * Wunstorf | 41 Sen4 - TW55 | 0:18:15 201 | 1:02:08 200 | 0:33:29 207 | 1:53:52 207 |

TW60

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel |
|-------|------------|---------|--------------|----------------|-------------|-------------|-------------|-------------|
| 1 114 | Herwig | Ingrid | Garbsener SC | 38 Sen5 - TW60 | 0:20:26 209 | 1:02:52 202 | 0:27:09 169 | 1:50:27 202 |